

#### CARE INDIA WELFARE TRUST

BASTI VIKAS KENDRA, CHUNA BHATTI, KIRTI NAGAR, NEW DELHI -110015

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CIWT is a Non-Government Organization, India working as a charitable society or trust for the welfare and development of deprived street children, orphans, destitute women, poor old age people.

It has been working since 2011 through its need-based programs focused on access to education, food, livelihood training and healthcare.

# Vision

Fostering a society wherein women are empowered to lead decent lives and children are happy, healthy, and enjoy their rights.

# Mission

Equal and Integrated community development through mind, education, and employment. Care India Welfare Trust's Mission is to empower the vulnerable through the Gandhian principle of "Sarvodaya" (Universal Uplift or Progress of all).







### MESSAGE FROM OUR PRESIDENT

It was yet another year filled with action and learning for CARE INDIA WELFARE TRUST. One of the things that I enjoy most about my work is the opportunity to support girls, boys, and young women from underprivileged families to overcome their biggest challenges. The unprecedented challenges posed by the Covid-19 pandemic exacerbated the existing distress of the street-connected children. When everyone confined to their local areas, reaching out to these children was much more difficult. However, the CIWT team, exhibiting immense courage, was not only able to establish outreach but also provided relief through psycho-social support and distribution drives during these trying times.

The girls' education projects addressed the social and systemic barriers in providing opportunities to girls through their increased participation in the formal education system, as well as improving their life skills. We implemented several innovative and scalable programmes which included interventions for in-and-out-of school girls, early childhood development, life skills and leadership. Our health interventions secured access to quality health services particularly for women and children in underserved areas, improving maternal and reproductive health, child health and nutrition outcomes. We worked towards identifying the root causes of healthcare challenges, worked in partnerships to develop innovative solutions, and helped implement quality healthcare services till the last mile. We organised many health camps in different areas to overcome these challenges.

I am proud to say that CIWT, through its perseverance and courage, continued its relentless efforts to advocate for the rights of street-connected children, for which CIWT has been appreciated and acknowledged by the state authorities, donors, and the public. As an organization, our success is measured by how effective we are in bridging this gap.

It is immensely encouraging to note that during the COVID-19 pandemic many children and young people who were part of our programs and projects are leading the change in their communities. These are the outcomes that we strive for and the motivation we need to go that extra mile! When a family and community decide to plan its own development pathway and make sustained efforts to resolve them; that is when we are truly successful.

Finally, I would like to thank all our partners and donors for their continued commitment and support and our Board Members for their valuable guidance and encouragement throughout the year.

I am confident that CIWT will continue to work relentlessly in its mission to achieve gender equality and the development of the nation while bringing about a lasting and sustainable change for children, girls and young women.

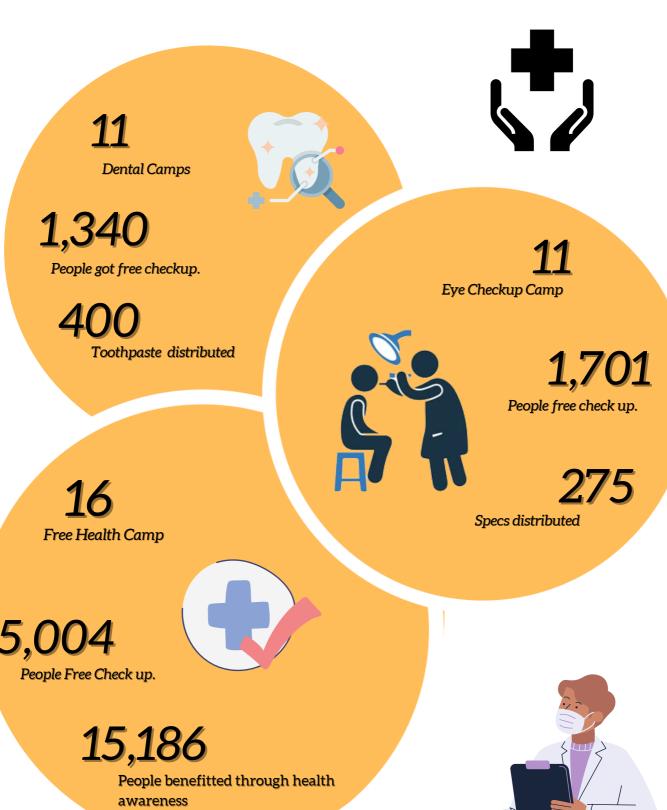
"The secret of change is to focus all of your energy, not on fighting the old, but on building the new."

Mahinder Bobritzal



## **HEALTH**

Care India Welfare Trust has so far provided health benefits to 5,004 people through health camps.







People benefitted through Free Check up.



## **Key Project**

To provide free health services to the slum people from the health system of Care India Welfare Trust and to make people aware of all health related diseases. We work at individual, community and systemic levels to help develop innovative solutions and implement quality healthcare services.

We have also organised camps every month -

Free Health Check up Camps

1

2. Dental Check up Camps

Eye Check up Camps

3

4 Health Awareness Camps



## Health Check up Camp

Our Health Camps are formulated to provide health care services to the marginalized communities in remote rural areas and slums through standalone camps. These camps are conducted with the help of important community stakeholders, government health departments, and specialist doctors such as Gynecologists, Pediatrics, Ophthalmologists, Dentists and General Physicians.

A need-assessment survey is done to identify the locations and communities where healthcare is imminent. Extensive mobilisation is done in and around the areas **through pamphlet distribution**, **announcements and posters**, which results in greater footfall of patients in the camps. Women, children and the elderly are given special attention throughout the camps.

The health camps are customised as per the needs of the specific communities and their duration could range from one day specialised camps to 5-10 days intensive camps A wide range of services are provided during Health Camps which include women & child health, ANC and PNC services, awareness sessions with women, free medical check-ups and medicine distribution, free laboratory tests for (HB, blood and urine routine tests, HIV, TB etc) and referrals for major cases.

Fumigation drives, health camps and lab tests were conducted to fight the onslaught of mosquito bred diseases malaria, dengue and chikungunya in Delhi NCR.

The campaign reached out to over 10 thousand people in various slum areas. Women and children formed nearly 68% of the total beneficiaries of our Health Camps 5,004 people benefitted from Health camps conducted in Delhi, Uttar Pradesh, Kolkata and Bihar for daily wage labourers and their families. Free of cost services including health check-ups by medical professionals, distribution of medicines and pathological tests were provided during the camps.

Special health camps for senior citizens were conducted in Delhi. The facilities available were general health check-up, sugar test, and check-up for arthritis. Medicines were distributed free of cost to the beneficiaries after diagnosis.



Achievement

- A total of 16 camps organized at Delhi, Uttar Pradesh, Kolkata and Bihar.
- Distribution of the free medicines and proper advice on chronic ailments
- 126 beneficiaries were prescribed refractive glasses. All the patients received refractive glasses at the camp site.
- 400 people get dental kits.
- Assessment of the simple clinical examination related to Ear, BP and Blood Sugar.























## Dental Check up Camps



#### **Achievement**

- 1,340 people referred to government hospital for serious illnesses.
- The response and appreciation of the people was very encouraging
- for their family and fosters them towards their health care

Oral health plays a vital role in the overall health and well-being of the individual. With the objective of helping people access oral health and hygiene facilities, CIWT organized a free dental check-up and awareness camp on 19 Dec 2021 with Mata Sahib Kaur Charitable Trust

This will be yet another humanitarian initiative, under the guidance of **Dr. Digvijay Singh Bhattal**, This camp was supervised and conducted by our expert panel of professionals from the dental fraternity- Dr. Abhijeet Awasthi and Dr. Apoorva Singh. It was held on the organization's premises using a fully equipped dental unit.

Oral health services offered during the camp include a dental check-up, tooth extraction, scaling, fillings to treat cavities, and more. Our experts will also guide the patients about the food intake and daily routine they should follow to prevent dental disorders. In this camp we also distributed dental kits in which toothbrush, toothpaste was also included.

the camp was organized to create **awareness on maintaining of oral hygiene**, **to screen and treat children** with minimal invasive techniques etc.

In the screening camp 250 children required filling and 70 needed extractions. She said that asking children to bid farewell to junk food may not be a sustainable solution. Catch a child having a high fiber diet by choice.



Dr. Digvijay Singh Bhattal Said, "We cannot expect children not to eat chocolate or junk food, but parents can teach their children oral hygiene. Brushing twice, before going to bed must be made mandatory".

To prevent cavities, application of fluoride is also suggested. Dr. Digvijay Singh Bhattal further said that, There is a low incidence visiting a dentist regularly. As for adults, children too should visit a dentist for an annual check.



















## Eye Check up Camps

A commitment to deliver quality healthcare services to marginalised communities and ensure their overall well-being

An Eye Check up camp was held in Care India Welfare Trust on Tuesday, January 19, 2022. A team of Eye specialists from , Delhi came to do eye check up of the students from classes Nursery to Seventh and the camp was advantageous for the students as they got an opportunity to know more about various aspects of eye care. The doctors brought well-equipped eye examination tools to examine the students effectively. They also spoke to the students about how to increase awareness and improve access to eye healthcare services. The objective of this event was to spread awareness on eye disorder, their early detection and detect refractive errors and eye ailments among school children.

We gave free medicines to the patients in the camp. Free spectacles shall also be given to the patients.

We ensure proper healthcare for all our beneficiaries. A total of 1,701 people benefited and 275 people got their choice of spectacles for free. 29 people were referred to a renowned eye hospital, where they got eye surgeries done.

Those who were advised optical correction glasses were provided with free of cost spectacles. Eyeglass frames were chosen by people according to their preference. Artisans were very happy for the services provided in the camp and for the free medicines and spectacles and want more such health camps to be organized in future.

This camp will bring a change in behaviour of the students and they would now start taking preventive measures to avoid eye health problems.

81 frontline workers tracked healthcare services formaternal and child health.

63 pregnant, lactating mothers and adolescent girls reached through Kolkata Nutrition Project.

**45** oriented healthcare with Mehrauli Jeevika.

**115** migrant families reached through nutrition project in Jain Nagar, Rohini.

186 men and women reached through maternal and child health project,
Uttar Pradesh and Bihar.



### Screening of patients

In the screening camp, the medical team identified people in the community, were suffering from any form of eye disease or in need of spectacle. The findings ranged between the following:

- Corneal opacity/injuries
- Vision
- Cataract
- Retinal Pathology
- Glaucoma



## **Impact**

- Enhanced and clearer visibility to read, write etc.
- Increased opportunity to continue or resume an occupation mainly for tailors, drivers etc.
- Increased mobility
- Improvement in quality of life
- Improved self-esteem and independence
- Increased ability to avoid injury

















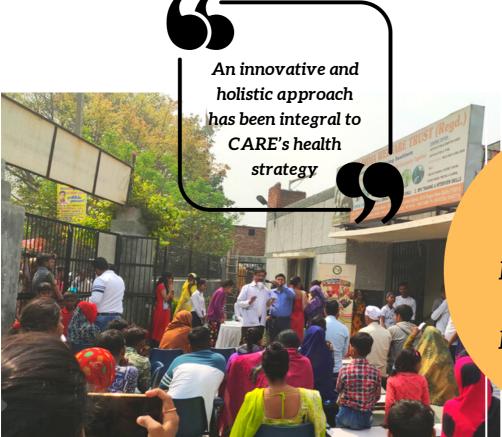






## Health Awareness Camp

The incidence of the disease is significantly reduced (up to 30%) by Health Awareness. We provide health education to the underprivileged who have limited information. We empower individuals with the knowledge to choose healthy habits and make modifications in lifestyles that reduce morbidity.



Health Projects; 12, 484 Direct participants; 2,702 Indirect participant

We focus on diverse health topics to provide awareness to the communities and increase their levels of Health Literacy. Our focus areas are Health & Hygiene, Hand Washing, Menstrual Hygiene, Oral Hygiene, Nutrition, Dengue, Breastfeeding, Anemia, Tobacco Sensitization, Immunization, and Cancer.

World Mental Health Day comes at a time when our daily lives have been transformed to a significant extent because of COVID-19. This in turn has given rise to various mental health concerns among people. Under the guidance of the Union Health Minister, the Mental Health Awareness Campaign Week is being observed with an aim to encourage people's participation to break the stigma surrounding Mental Disorders.



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A health awareness program was conducted for students from a school. The children were sensitized about the importance of washing their hands before and after eating and exercising daily and the importance of playing sports and inculcating other healthy habits to avoid falling sick. The children were asked to share their daily routines and the steps they took every day to maintain hygiene. The children learned a lot from the session and promised to follow all the good habits.

Care India Welfare Trust at present has 12 operational projects in 37 rural areas and urban slums across India, directly benefitting over 40,000 lives in a year.

This awareness is imparted through tools like Talks, Films, Puppet Shows, Flip Books, and Interactive Sessions.

We have influenced the lives of more than 15,186 individuals till now. The team took training on occupational health for the women working in the leather factories of Delhi on 07th October. The team took training sessions on "Gender and Health" for the villagers at Kolkata.





Yoga awareness refers to the practice of yoga, its benefits, and an understanding and recognition of its principles. **We exposed 1,842 children and 3,423 peoples to various aspects of yoga**, including its physical postures (asanas), breathing techniques (pranayama), meditation and philosophical teachings.

#### In relation to yoga awareness, we have given some important points: -

- Physical and Mental Well-being
- Mind-Body Connection
- Breath Awareness
- Mindfulness and Meditation
- Ethical Guidelines
- Community and Social Consciousness
- Continuous Learning and Growth





## **EDUCATION**

Care India Welfare Trust believes education is a tool for empowerment, developing an identity, and enables girls to create spaces for themselves within their families and communities.

80

Children Received Scholarship



70%

Of The Total Beneficiaries are Girls



6,263

Girls aware about education under the project Beti Bachao Beti padhao







Children benefited Remedial Education program



## **Key Project**

Education is the process of acquiring knowledge, skills, values, and attitudes through formal or informal means. It is a fundamental aspect of personal and societal development, providing individuals with the tools they need to understand the world, think critically, and contribute to their communities.

The goals of education extend beyond the acquisition of knowledge. Education aims to foster critical thinking, problem-solving skills, creativity, communication abilities, and social and emotional development. It also plays a crucial role in promoting social cohesion, cultural understanding, and ethical values.

BETI BACHAO BETI PADHAO 1

4

2 REMEDIAL EDUCATION

EDUCATIONAL TOUR 3

4 COMPUTER TRAINING MODULE



### BETI BACHAO BETI PADHAO

"If you educate a man, you educate an individual. But if you educate a woman, you educate a nation."

-Elin Nordegren



"Beti Bachao, Beti Padhao" is a social campaign launched by the Government of India in 2015. Care India Welfare Trust aims to address the declining trend of the female child sex ratio in India and promote the education and empowerment of girls.

The campaign recognizes the importance of gender equality and the need to empower girls through education. It seeks to raise awareness about the value of the girl child and the benefits of educating girls, both for their individual development and for the progress of society as a whole.

Today this project is being implemented in 4 cities of India. In each of the intervention cities, Care India Welfare Trust engages with a specific group of girl children living in difficult circumstances.



#### The Beti Bachao, Beti Padhao initiative focuses on three key objectives:

- 1. Prevent gender-biased sex-selective practices: The campaign aims to combat female foeticide, improve the enforcement of laws prohibiting sex determination during pregnancy, and raise awareness about the negative consequences of gender-based discrimination.
- 2. Ensure survival and protection of the girl child: Efforts are made to improve healthcare services for women and children, enhance the registration of births and deaths, and create a safe and supportive environment for girls to thrive.
- 3. Promote education and participation of girls: The campaign emphasizes the importance of educating girls and providing them with equal opportunities in all areas of life. It aims to increase enrollment and retention of girls in schools and colleges, enhance the quality of education, and encourage skill development for economic empowerment.





### Second inning in Education - Nalini

She could not cope up with teaching at school and dropped out soon after enrolment. At school, she would be scolded every time she wrote numbers and alphabets mirror imaged and repeated the same mistakes several times, for which her peers would make fun that how imbecile she was. After dropping out from the school Nalini began to work as a child labour, picking nails from saw dust thrown off in the nearby wood market.

After enrolling her with the program 'Street to School,' her teacher at Education Club worked hard with her, besides counselling her parents. The hard work paid off, and today she is class 3 at the M.C.D. Primary School of Chuna Bhatti.

"She is very creative, her drawings are really nice, and she always says she wants to travel around the world", says Anjali and Pooja who are now her classmates; they worked in the wood market along with Nalini and were too school dropouts.



"I regularly attend CIWT's parents meeting, now I understand why it's important for a girl child to study and I even spread this message to others," says Phoolmati, Nalini's mother who works in 4 houses as a maid to support her family.

Though Nalini has begun going to school, but she still doesn't like the school for various reasons.

At CIWT's education club, she gets adequate attention from the teacher in comparison to school, which is the reason why she likes coming to the centre so much, and improving so well.

Her mother is quite happy by her daughter's induction in the School programme for the reason that she is amongst the parents who can't afford private tuitions.



66 The education interventions strive for gender transformative changes in individuals, schools and communities



### Remedial Education

"Education is not a preparation for life. Education is life itself."

-John Dewey

The project aims at **promoting education among underprivileged children** who need special care and support to ensure all-around development of children as also improvement in their learning levels.

The purpose of remedial education is to identify and address the gaps in a student's understanding or skills and provide targeted support to help them improve their academic performance. It typically involves additional instruction, specialized teaching methods, and individualized or small-group settings to provide focused attention and support to students.

The purpose of remedial education is to identify and address deficiencies in a student's understanding or skills and to provide targeted support to help improve their academic performance. Usually students who are out of school, or have dropped out, are enrolled in nearby government schools after their parents consent.

We enrolled 135 children last year under remedial education. In which children were given tuition in various subjects including reading, writing, maths, science and language skills. Care India Welfare Trust provided specific content and approach to the individual needs of the students through remedial programs.

#### Some common strategies and approaches used in remedial education include:

- 1. Diagnostic assessments: Identifying the specific areas where a student is struggling and assessing their skill levels to determine the appropriate remedial interventions.
- 2. Individualized instruction: Tailoring teaching methods and materials to meet the unique needs of each student, considering their strengths, weaknesses, and learning styles.
- 3.1. Small-group instruction: Providing targeted instruction in small groups, allowing for more individual attention and focused practice.



#### **Achievement**

- Children enrolled in government school 9
- 16 drop outs has been enrolled in nearby government school.
  - The 2 workshops for parents orienting them about the importance of education, RTE, Child Rights, `etc.
  - We provided with woollen clothes to 975 children during winter season.



- 4. Differentiated instruction: Modifying teaching strategies, content, or materials to accommodate students with diverse learning needs and abilities.
- 5. Multi-sensory learning: Incorporating visual, auditory, and kinesthetic elements to engage different learning modalities and enhance understanding and retention.
- 6. Scuffled learning: Breaking down complex concepts into smaller, manageable steps and gradually increasing the level of difficulty as students progress.



















## Challenging stereotypes - Soumya

Life was not easy for Soumya since her childhood. Being the eldest girl child of the family, she was supposed to take care of her younger siblings when her parent were out for work. It was in 2016, 12 years old Soumya was brought to kirti nagar from her hometown (Bihar), due to unbearable financial crises. Her parents decided to migrate to Delhi with a hope of getting work here, but in the new city, life had decided something else for Soumya.

Due to migration from one state to another, one of Soumya's dreams of pursuing formal education was broken down. She was forced to stop her schooling. Although her parents were concerned about her education but they didn't have any options. Here educational opportunities were very costly and they were not aware about the admission procedures too.

Now Soumya had accepted her life the way it was going and had convinced herself that now she would not be able to go to school due to the financial condition of her family. But whenever she met children who were going to school, she wished for the day when she will be in school.

Once during community mobilization, one of our educators met Soumya, sitting on the stairs of her rented room and watching other children playing in the street. After interacting with Soumya the educator learnt that she was desperate to go to school and to relive her dream of formal education again. After meeting and assuring Soumya's parents about our quality educational learning facilities, she was enrolled at our learning center. It was the happiest moment of Soumya's life when she attended her class on the very first day and expressed her emotions by saying thanks to the educator.

Educating one, educating the generation

After few months with the help of our tecahers she enrolled in Govt. school in class 5th. Earlier she had difficulties in coping due to her gap in education, but after a few months she was taking interest in her studies and became a good and regular student in the govt. school as well as at our learning centre.

In class 5th she stood 1st in her class. Today Soumya is one of the brightest student at our learning center and observed an all-rounder in curricular activities among other students. Soumya is really working hard with her studies and looking forward to accomplish her dream of being a prominent Shooter.



### **Educational Tour**

"Travel makes you realize that no matter how much you know, there's always more to learn."

-Nyssa P. Chopra



We organize an educational tour every year so that even children from backward classes can get to know our Historical Places. The tour comprised students of 10-18 years of age. Last year we took the children to Chidiya Ghar, Red Fort, and Bangla Sahib. Around 100 students attended this tour. This tour is organized every year because of our donors. Every year our children wait for this tour.

In this tour, we make the children aware of the history of every place and also give them refreshments. Like every year, this time too many of our children enjoyed it a lot. It was a new, interesting and informative experience for them.

We all had a safe and enjoyable trip with lots of information.

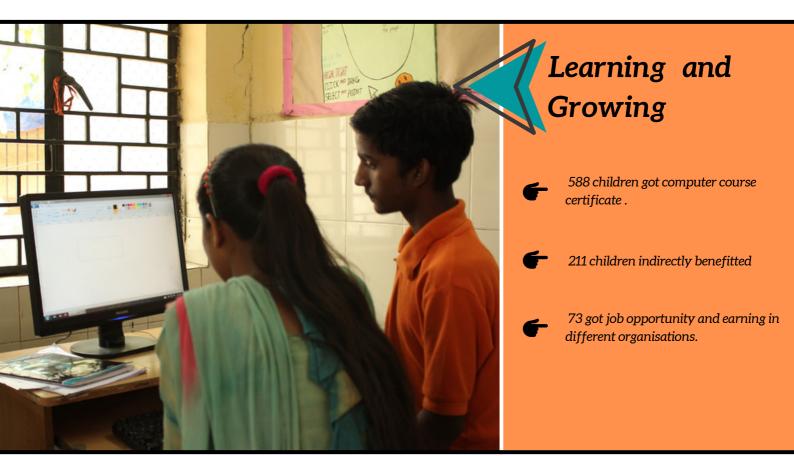
Grateful thanks to all the Donors for giving these children an opportunity to visit and explore.







### Computer Training Program



The computer training program provides basic training as well as advanced courses to students so that they can have better career perspectives. We have a dream of making every student proficient in using computers and survive in today's digital world.

Care India Welfare Trust provides free computer training to underprivileged students. They are trained by experts of the field who also provide them practical training for hands-on experience.

In this financial year 2021-21, We select 588 deserving poor youth & Girls to impart 4 months software training. The course syllabus includes Computer Fundamentals, MS Office, DTP, Internet Concepts and Soft Skills. We mainly concentrate on job oriented courses to create sustainable livelihoods and employment opportunities. During the training we provide study material to all the trainees free of cost.

We provided employment opportunities to 72 youth & girls and helped to 6 students to get loans with the banks and other financial institutions to start their own business. We provide job placement in private sectors in Kirti Nagar. After completion of the computer course, certificates are awarded and course participants are placed in private sectors in Delhi.





















## Case Study - Deepak

Deepak comes from a village in Haryana called Gannaur. He has studied till Class 10th. He had to quit studies after that due to the financial constraints of his family. To make ends meet he started working as an informal apprentice to an odd job man. His earnings from this was meagre and he was always worried about his next meal.

One day as he was sitting with his friends in a tea shop, he met the mobilisation team of CIWT, Kirti Nagar center. He was oriented about the course. His friends did not pay heed to it, but Deepak wanted to explore the opportunity.

He went to the center and was impressed by what he saw and immediately took admission to the course. He was a dedicated student and came for his classes every day. He was also working at the time to earn and managed his learning and earning together with a lot of challenges.

But this hard work bore good fruit for him. He was able to secure a job with a contractor working with BSES Rajdhani at Punjabi Bagh. With an assured income of Rs 15,000/- per month he is now able to take good care of his parents and siblings and is very happy with the respect he has earned among his peers and in his community.

CIWT is the magic wand that changed my life!





## Child Rights and Child Protection

"Let us reach out to the children. Let us do whatever we can to support their fight to rise above their pain and suffering."

-Nelson Mandela

Child rights and child protection are crucial aspects of ensuring the well-being, safety, and development of children. In this financial year 2021-22, we organized 30 awareness camps. In which we made 4,802 children aware about their child rights and child protection.

#### Child Rights:

Child rights are the basic entitlements and freedoms that every child should have to ensure their overall development and well-being. These rights are often based on international legal frameworks. We aware the Children and People that:-

- 1. Right to life, survival, and development: Every child has the right to life, And we ensure their survival, and give them opportunities to reach their full potential.
- 2. Right to Education: This is one of the most important rights of children, children have the right to receive quality education which is free, compulsory and available to all on an equal basis.
- 3. **Right to protection from violence**, **abuse**, **and exploitation**: Children have the right to be protected from all forms of physical or mental violence, neglect, abuse, and exploitation.
- 4. **Right to health and healthcare:** Children have the right to enjoy the highest attainable standard of health and access to healthcare services, including preventive care, immunizations, and treatment.



## Child Rights and Child Protection

"Let us reach out to the children. Let us do whatever we can to support their fight to rise above their pain and suffering."

-Nelson Mandela

#### **Child Protection:**

Child protection refers to the measures, policies and systems put in place to prevent and respond to threats and risks faced by children. Under child protection, we aim to protect children from violence, abuse, neglect, exploitation and any other form of harm.

Discussion with peoples and children's on major aspects of child protection:-

- 1. **Prevention:** Efforts to prevent child abuse, exploitation, and neglect through education, awareness campaigns, and promoting positive parenting practices.
- 2. **Reporting and response:** Establishing mechanisms for individuals to report suspected child abuse or neglect and ensuring prompt and effective responses to such reports.
- 3. **Child Welfare Services:** In this system, **We distributed shoes to 600 children**. These services provide counselling, foster care and family support for children who have experienced abuse or neglect.

It is essential to prioritize the well-being and safety of children, address the root causes of abuse and neglect, and promote a nurturing environment where children can thrive.







## Child Rights and Child Protection

"Let us reach out to the children. Let us do whatever we can to support their fight to rise above their pain and suffering."

-Nelson Mandela

Under the Child Rights and Child Protection Program by Care India Welfare Trust, we made 5,485 children's aware of Game and sports awareness. Playing sports for children's play an important role in promoting physical fitness, teamwork, strategic thinking and overall personal development.

## We told about some important aspects games and sports awareness to children:-

- Importance of Physical Fitness
- Teamwork and Cooperation
- Strategic Thinking and Decision Making
- Sportsmanship and Fair Play
- Physical and Mental Discipline
- Personal Growth and Character Development
- Health and Safety Awareness
- Enjoyment and Recreation







## WOMEN EMPOWERMENT

"It is impossible to think about the welfare of the world unless the condition of women is improved."

-Swami Vivekananda

There's no
difference
between men and
women.

Rights and laws shall be fair for all without gender bias.

Women
empowerment
means allowing
them to do
everything that
men do.

Giving women equal position as men.







# **Key Project**

Women constitute half of world's population. Women Empowerment is a pre requisite for a healthy, vibrant society. Women Empowerment refers to emancipation of women from socio-economic shackles of dependency and deprivations. It means encouraging women to be self-reliant, economically independent, have positive self-esteem, generate confidence to face any difficult situation and incite active participation in various socio-political development endeavours.

Economically disadvantaged women in villages and urban slums lack education and employable skills; they migrate to cities in search of low-skill jobs or work as domestic help, agricultural laborers, and as maids in schools, hospitals, shops and establishments.

Care India Welfare Trust has conducted baseline survey to identify skills needed in the job-market and has developed training programs for women to help them become micro entrepreneurs or get better paying jobs.

Women Development activities aim to empower women so that they can earn their own incomes or become entrepreneurs. We provide sustainable livelihood opportunities through training programs in **Computer Software Skills**, **Tailoring & Embroidery and Beautician Course**. We also provide financial support in terms of arranging loans, providing free sewing machine and sewing kit.

#### **CUTTING AND TAILORING COURSE**

1

2

**BEAUTICIAN TRAINING COURSE** 



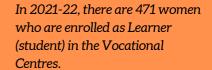
### Cutting and Tailoring Course

In rural India, unemployment & underemployment is very high especially amongst women & adolescent girls. People do not think necessary providing opportunities to the women & adolescent girls for modern education & vocational skills due to their poverty, tradition & current trend in the society like just boys. They think also that women & girls are only for cooking food, home chores & giving baby child, because of this, women & adolescent girls are forced to live dependent, deprived, bias, voiceless, marginalized life and relegated to the status of subjugated class.

NGO through this project will strive to make them self-reliant, restore their dignity and empower them through moral education, vocational skills and opportunities for entrepreneurship & job.it will improve quality of life, role & participation contributing for family system & country as well. The project will provide all the opportunities at their home or nearby home keeping in smooth functioning of family institution.



#### **Achievement**



On an average each of the Women Entrepreneur has a monthly income of Rs. 1300.

These factors require the need for Vocational training project in the area where women humiliation, poverty, and the burden of Govt. authorities can be reduced.

Tailoring project enhances vocational skills & knowledge amongst women & adolescent girls, who will come from economically backward areas & weaker sections of the societies. Additional, it will improve their entrepreneurship & employment skills & empower them taking decision about themselves & make them self-reliant.

This project was implemented in 2013. Project is **supervised by a professional project team** constituted for the implementation, management & monitoring of the project.



N.G.O will conduct a Base line survey to analyse the current situation of community and identify the potential & interested women for tailoring classes.

Around 471 women & adolescent girls were trained till now during the project year. We made 5 batches & each batch consist of 10 to 20 women & one batch take 3 month in course completion.

Training classes will be consisted of theory & practice including social & Indian Culture education regarding family life.

This develops special learning module on tailoring, entrepreneurship, employment, Current social & family issues teachings on it.

We provide certificates & financial support for stitching machines providing opportunities establishing self-business &getting employment in a shop & industry.

#### Main Objective

- 1. Educate & aware women about life skills & family system
- 2. Provide stitching machine supporting in establishing self-business unit
- 3. Enhance employ-ability skills of trainees
- 4. Enhance entrepreneurship skills of trainees
- 5. Provide certificate in tailoring





















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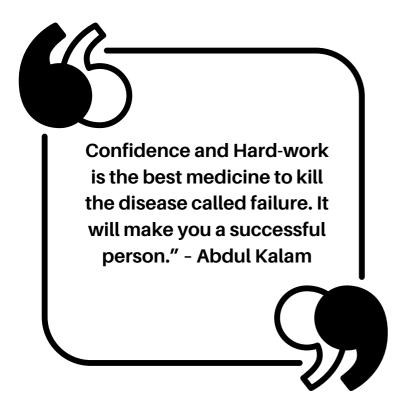


### Reaching the Unreached Laxmi Bhatia

Laxmi lives at Chunna Bhatti in Kirti Nagar region. In this area mostly the women do tailoring or either help their husband in farming for sourcing income in UP

Laxmi with her 19 year old daughter, her husband had passed away in 2018 due to heart attack. Laxmi's daughter passed the higher secondary examination last year and now pursuing B.A from Uttar Pradesh University. Laxmi was the sole bread earner for the family till now, right starting from nourishing her daughter, continuing the treatment for her husband, teaching her daughter by her own because she was unable to keep a private tutor for her daughter due to financial crunch ever in her life; she was the only person in her family to take care of all this things. Apart from sewing in her rented machine right from the beginning of her married life she also used to do farming, worked under MGNREGA scheme and went for working as a daycare nurse in UP. She had struggled a lot to keep her daughter and husband smiling always.

Her basic skills in stitching did not help her gain a sufficient amount of money to sustain her family. After the then local coordinator approached her, she went on to take the CIWT Sewing Training in 2013 with 10 other women. They are taught to stitch blouse, petticoat, nighty, pyjama in a detailed manner for 7 days. After this program, she was given a certificate from CIWT along with a single sewing machine. Initially in 2012 she would earn about 500-1000 rupees per month. With time, at present, she earns about 5000-6000 rupees per month. Presently, she works with a distributor connected by Sukalyan from whom she gets the orders for herself and also distributes the work among the members of the village to help them too.







### Beautician Training Course

The Beautician Course is a training program designed to provide individuals with the knowledge and skills they need to work in the beauty and wellness industry. It usually covers various aspects of beauty, including skin care, makeup application, hairstyling, nail care, and salon management.

Women are becoming more and more beauty, health and fashion conscious now a days and pay more attention to their body shape as well as hair style. Such parlors became very popular in the early community and locality.





To equip the Beauty parlors, there is a great demand of trained personnel. Again during marriage ceremony there is a great demand of Beautician/Beauty parlors. Based on the above demand and modern trends in the field of beauty culture, the said training program has been designed to equip the young women of the area to make employed and self-employed locally. To fulfil the above demand, we Provide Beauty parlor training in which 30 women participated and trained on Beautician.

The beauty culture course is a six month course being conducted from 2013. This year 2021-22 we enrolled 312 students, some of whom get jobs and some of whom set up their own beauty parlors upon completion of this course. Practical techniques they learned included manicure, pedicure, skin care, facials, hair styles, makeup, etc.

The trainees are highly optimistic about setting up their own business as providers of these services at weddings and at homes of clients. Most of these young women do house calls and work from home, earning Rs. 1000 to 4000 a month. Personalized service is much in demand.

The purpose of our existence is to help women realize their true potential, develop their own skills and live a life of dignity. To see every woman stand on her feet and lead a respectable life is the vision of our founder Mr. Mahinder Dobriyal. We firmly believe that women empowerment holds the key to a truly developed nation. When a woman is given a chance to use her full potential, she climbs the ladder of success and also pushes the entire society towards prosperity.









### CARE INDIA WELFARE TRUST









#### The community beautician - helping village brides

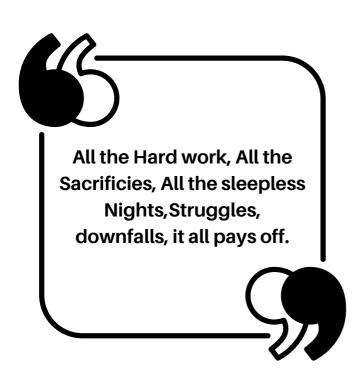
Kalyani is 28 years old and lives in a rural area of Kolkata. She along with her kid now stays with her parents, after separation fromher husband. When she came back to her father Mr. Vijay Kr. Gupta, who owns a small tea and sweets shop, clearly stated, "I will not be a burden on you, I will do a job and raise my kid". There was no alternative for her, back at the village to learn some skills, from which an earning could be made.

Her father suggested she join Vocational Training at "Care India Welfare Trust" and supported her with the fees. Leaving her kid alone with the parents she walked 7—8 Km daily to reach Care India Welfare Trust to fulfill her dream of supporting her family. She mentions that she has always been an introvert when it came to meeting people or commuting places.

Her hands used to shake when she came back to her father's house after separation. She wasn't able to hold anything in my hand due to a lack of confidence. She was devastated by the separation. But when she came here to Care India Welfare Trust, I developed confidence. She worked hard even though she doubted whether she will be able to complete the course or not. She said, "my trainers helped me a lot with my overall development".

Now she doesthreading of the eyebrows with her steady hands which used to shake once. she learned a lot from here, not only the beautician course but she understood how to become self-reliant, self-sufficient". She supports her family with an additional income of 2500-3000 INR per month from the work she gets in her village, for the bridal makeup, haircut, threading, etc. Her kid studies in 4th standard in the village. She now takes care of the other 5 siblings also and motivates her sisters to join the various courses.

"Every female should study and learn the skills which could support them to be independent and stand on their own feet."







### Self Defence Program

"Absorb what is useful, discard what is useless and add what is specifically your own"

- Bruce Lee

Care India Welfare Trust organized Self-defense programs for women & girls. In which techniques and strategies were taught to protect womens from potential threats or physical harm. The objective of this program is to empower women and girls by equipping them with practical skills and knowledge to enhance personal safety and security. In this financial year 2021-22, we taught self-defense to 913 women. We taught in self defence program:-

- · Martial art
- · Develop physical fitness
- Learn basic striking and defensive techniques
- Realistic scenarios
- · Legal implications





#### **Achievement**

In this financial year 2021-22, we taught self-defense to 913 womens and girls.

We conducted selfdefense programs in rural areas of Delhi, Uttar Pradesh and Kolkata.

We connected women of 12 years to 35 years with self defense program.

Remember, self-defense is about protecting yourself and avoiding harm. It's always best to prioritize personal safety and seek help from authorities whenever necessary.



# LIVELIHOOD

90+

Women's Provided self-employment to under tailoring course.



140+

Children And Youth Are Now Comfortable With English Speaking & Communicating Well.



110+

Children & Youth Are Now Trained In Computer Proficiency







Vocational Training Centre was initiated in 2013 with an aim to provide skills and confidence to women from economically backward families and help them achieve economic and social independence.

A one-month training program is carried out for women from financially constrained families. The selected women beneficiaries can choose to be trained in vocations like Tailoring, Beautician, computer courses. The training is carried out on a daily basis by experienced faculty. After completion of the training, trainees are certified by a recognized government organization.

In sewing project the model is to select a group of 10 to 20 woman having minimum skills on tailoring from various backward communities and provide them either 90 days intensive training on need based cutting, sewing and embroidery and post-training they are provided with a double sewing machine to every women who are either used to take sewing machines on a rent basis or can't afford to buy a new machine to generate income.

Under this program, we have facilitated setting-up mini production centres where each women entrepreneur is be provided with another 2 machines on rent so that they can take bulk orders from factories. Similarly, these women will also be provided with capacity building training on developing entrepreneurship skills, accounting and management of human resources. Each Women entrepreneur has also engage 4 fellow women learners



from the CIWT as team members / employees and provide space and electricity connection in her house to complete bulk orders. These production centres not only augments income for the women entrepreneurs but also provides regular income for the other women engaged as learners.

It has various fields in which you can **aim to specialize in like cosmetology**, **hair styling**, **aesthetics**, **manicure**, **pedicure and electrolysis**. After completing the course one can open one's own parlor or can work as beauty care specialists in luxurious salons.

Experienced cosmologists and beauticians have high demand in fashion, advertising, film, television and theatre industry. Many established modeling agencies also have their own personalized stylists for their models and in house shoot.



#### **Objective**

- Convert unskilled/semi-skilled rural poor women into skilled worker
- Provide skill-based training, regular monitoring and supervision to sustain livelihood/income generation activities.
- Build capacities of women to build their own income through taking job orders and teaching to other women as well.
- Reduce migration and provide a source of Alternative livelihood at village level.
- Promote and strengthen women financial knowledge by inculcating habit of savings and enforcing credit discipline through intensive financial education.

#### **Innovative Approach**

- Apart from tailoring and beautician provide training we Entrepreneurship Development, personality development, small business accounting, financial literacy, soft skills and health & hygiene which empowers these women entrepreneurs to work more efficiently and sustainably.
- After training these women are taken for exposure visits to large factories or famous Beauty Parlor where many women works so that they get encouraged and set a mindset to work more.





## **OUR CAMPAIGN**

Indian organized job market is characteristic of scarcity amidst plenty with unfilled vacancies coexisting with a large unemployed manpower. This dichotomy is the outcome of the skill deficit of the potential workforce. Care India Welfare Trust livelihood initiative seeks to address this gap by providing underprivileged youth the requisite skills to make a legitimate claim for jobs in sectors which are the engines of growth of the Indian economy.

The number of underprivileged youth in India lacking education and proper guidance is so vast that according to a national survey "Only 15% of the young graduates passing out of colleges are employable; the rest are branded 'unemployable'." There is an increasing concern among the leading employers of the country, about the dearth of ready-to-deliver employees. A PCI study reveals – over half of the young men and two-thirds of the young women surveyed, reported interest in skills training.

**HUNGER FREE REVOLUTION** 

1

2 RED DOT CAMPAIGN

MEDICINAL PLANTS PROGRAM

3

4

**MASK DISTRIBUTION** 



### Hunger Free Revolution

CIWT combats hunger in needy communities-especially the hungry children by serving fresh, hot meals. We prepare nutritious meals and package them for distribution. Our volunteers help us in distributing meals to needy. Many people live in marginalized communities in acute poverty, and consequently, they cannot support the basic needs of their families, such as shelter, food, education, and healthcare.

The coronavirus (COVID-19) pandemic caused disruption & uncertainty in regular wage/salaried employees in urban India. These daily wage workers facing uncertain challenges in meeting their daily food requirements. As is often the case, people living in poverty are suffering the most. Destitute and elderly people staying alone at home and have limited resources to meet their basic requirements.

Care India Welfare Trust **organizes food distribution activities every week for the poor and** marginalized people living under the clouds of pain and poverty. On the very first day of distribution, however, the teams encountered several problems. In the first place, it was difficult to estimate the volume of food and the resources required to move it. Secondly team members also experienced pressures from the summer heat, exhaustion, and had to constantly monitor safety protocols.

#### More than 23,186 people are getting benefit from this project.

The meal brings real joy to the impoverished children and needy people. With your generous support, CIWT will continue to bring smiles to these innocent faces.



#### **Achievement**

23,186 people got meal this year.

Children are getting nutritious meal to eradicate malnutrition problem.

From this project children can focus on their studies as Hungry children cannot learn.

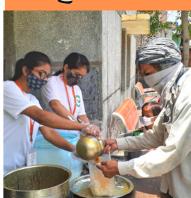
























### Red dot Campaign

"Initially when I joined MCD in 2004, it was shocking to see my co-workers removing sanitary waste from the wet waste with their hands. It has been 13 years and even today I have to hand segregate the menstrual waste and deal with flies, insects and the unbearable smell on a daily basis. Twice I was diagnosed with bacterial infection, but now I am used to it.", 43-year old RAJNI KUMAR shocking words point to the **cruel reality of a waste picker's life**.

Even the most well-meaning of us, dispose our waste without much thought to where it ends up, how and by whom it is handled. Rajni Kumar works at the Delhi waste picket cooperative. Like her, several other workers face health issues ranging from headache, loose motions to fever.



We live in a society where even discussing menstruation is a taboo. Not surprisingly, the issue of how our menstrual waste is handled is totally brushed under the carpet. However, as Rjni Kumar words show, it is a conversation that needs to be brought out into the Red Dot Campaign was launched on February 7. In that campaign we distributed reusable pads also to those who cant afford sanitary pads.

Residents of Delhi were asked to wrap up their sanitary pads and diapers in paper that was marked with a red dot. This would help these workers identify sanitary waste and treat it.

We all like to eat in clean surroundings and with clean utensils. You can hardly go from changing a diaper to eating right away even if it is your child. Imagine being faced with it every day.



People are responding to the campaign, they are neatly wrapping up the sanitary waste, but it is a long way to go.

It is hard to change the mentality of people and often they ward off the issue by saying that it is not their responsibility or they do not have time to mark it a red dot.













### Medicinal Plants Program

"IF YOU CUT A TREE, YOU KILL A LIFE. IF YOU SAVE A TREE, YOU SAVE A LIFE. IF YOU PLANT A TREE, YOU PLANT A LIFE."

A tree provides us with fresh air and oxygen without which the existence of life on earth becomes impossible. We need to do more tree plantation campaigns as trees not only provide with oxygen but also play an essential role in the ecology. Ecological imbalance can cause flood, drought and various other natural calamities that can lead to the destruction of life.

"There is less than one tree per person in Delhi as per the tree count, conducted by the social forestry department."

"A human consumes about 550 liters of pure oxygen per day. Based on a market survey, we found out that the average cost of a 2.75-liter portable oxygen cylinder is Rs. 6,500. At this rate, a human consumes worth about Rs. 13 lakhs of oxygen per day" TOI reported.

Trees help to get the oxygen worth 30 billion in a life span of an average 65 years.

We conduct green walk every month to keep an eye on the plants and ensure the quality and survival which has led to high survival ratio gradually from 60% to 98%.

Plantation + Maintenance = Plantenance

So we started a project named "Sanjeevni" in which we planted medicinal plants in many parks. There is a need to make our young generation aware of our wealth of herbal plants, so that the legacy and tradition of Herbal plants and "Jadi-buttis" can be revived and restored today. The History of herbal plants is very old. Since times immemorial, herbal plants and herbs are being used to cure illness of all kinds. There are many medicinal herbs and spices, which are used in day-to-day lives, either in cooking or for remedial purposes. Tulsi, Mint, Ashwaganda, Aloe Vera, neem, etc are some of the herbal plants, which we use in our homes. We aim to preserve the knowledge of medicinal plants, herbs, spices and herbal remedies, which mankind has received from the past generations, for posterity.



#### **Achievement**

Chamomile for the skin (topical) may be used to treat skin irritation from radiation cancer treatments

These medicinal plants
have been a part of our
lives since our existence
and used for various
medicinal purposes since
ancient times

These are automatic air purifier which helps you inhale clean air and prevent us from pollution.



In this year 2021-22 we planted 3,048 medicinal plants in various places like Delhi, Uttar Pradesh, Kolkata and Bihar etc.























### Old Age Health Care Program

"Caring about others, running the risk of feeling, and leaving an impact on people, brings happiness."

- Harold Kushner

#### **Achievement**

Care India Welfare Trust aims to eliminate the popular mind-set that looks at old age with pity for their helplessness. Replacing it with an attitude of confidence, instilling respect in them and encouraging perseverance in them. And bringing a little certainty, even joy, into their lives. We have a network of volunteers working in areas like Delhi, Uttar Pradesh, Kolkata and Bihar. They are constantly on the alert to attend to matters and healthcare for the elderly, financial advice of a medical or emotional nature. This financial year we helped 45 old people every month.

**Geriatric Health Care Programs,** We often provide specialized geriatric care services tailored to the needs of older adults. These services include comprehensive geriatric assessment, specialized clinics for age-related conditions, and financial assistance for geriatrics.

**Social support and community engagement,** Promoting social interaction and connectedness is important to the well-being of older adults. Geriatric health care programs organize social activities to combat social isolation and promote a sense of belonging and purpose.





### Old Age Health Care Program

"Caring about others, running the risk of feeling, and leaving an impact on people, brings happiness."

- Harold Kushner

The purpose of geriatric health care is to provide comprehensive and person-centered care for older adults to enable them to maintain their health, independence, and quality of life as they age.









### Mask Distribution



In the month of May 2021, our country underwent a nationwide lockdown in the lieu of the disease COVID-19. COVID-19 is an infectious disease caused by severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). The lockdown was relaxed in the month of June. With relaxation in lockdown, the Government and World Health Organization released guidelines that instructed the use of masks to prevent the disease's spread. However, the lockdown severely affected the economy, leading to many people's unemployment. The worst hit were people belonging to the Lower Income Group. So, **CIWT decided to help poor people who do not have awareness of the utility and importance of masks and the ones who cannot afford them.** 

The main idea behind the purpose of this drive was the fact that the COVID-19 disease which turned out to be a global pandemic has left people maimed. Furthermore, the strict regulations like lockdown imposed by the government to curb the spread of the disease have led to economic distress and loss of jobs. So, through this campaign, we distributed masks to people so that they protect themselves from this pandemic. In my opinion, masks are the new definition of the "Right to Life". To protect lives, every citizen has the right to access masks.

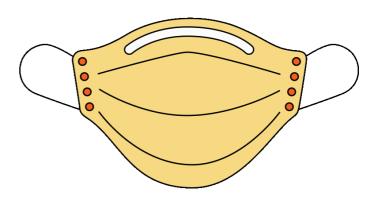
The purpose of the campaign was Generating awareness amongst people regarding the utility of masks in the fight against this pandemic. Distributing masks to people who did not have them.

Urge people to wear masks who had them, yet either did not wear them properly or did not wear their casualness.



#### TARGET GROUP OF THE CAMPAIGN

- Rag pickers
- Children
- Auto-Rickshaw and Rickshaw
- Peddlers
- · Basically, anyone who was without a mask



#### **OBJECTIVE**

Generating awareness amongst people regarding the utility of masks in the fight against this pandemic.

Distributing masks to people who did not have them. Urge people to wear masks who had them, yet either did not wear them properly or did not wear them in casualness.

- we distributed masks every 7 days over the period of 2 months. The mask was distributed among the aforementioned target group. We also talked to them about the utility of masks and the prevention of COVID-19.
- The period of 7 days gap was chosen in the lieu of my safety against the disease and to maintain an adequate period.
- The second step was to recheck whether the people we had given masks wore them or not. Many of them did wear masks and many did not. We congratulated the ones who wore the masks and urged the ones who did not wear them and protect themselves.

We can win our fight against coronavirus and even eradicate it if we follow the protocols diligently. The world must unite in this fight.























### **Environment Awareness Program**

"We won't have a society if we destroy the environment."

#### **Achievement**

We conducted cleanliness drive at more than 76 places such as parks, societies, streets, schools, bus stands and railway stations etc.

We inspired 11,383 people to keep the environment and the society.



The Environment Awareness Program of Care India Welfare Trust is a structured initiative aimed at educating and engaging individuals or communities about environmental issues and promoting sustainable practices.

We started the Swachh Bharat Abhiyan as part of the Environment Awareness Programme. Swachh Bharat Abhiyan, which translates to "Clean India Campaign". The campaign aims to make India clean and free from open defecation, littering and unhygienic practices. In this year 2021-22, We conducted cleanliness drive at more than 76 places such as parks, societies, streets, schools, bus stands and railway stations etc. In which we inspired 11,383 people to keep the environment and the society around them clean and people in villages and cities were made aware not to defecate in the open, under which thousands of children die every year.

Swachh Bharat Abhiyan is an ambitious campaign that aims to transform India into a clean and hygienic nation. Although progress has been made, sustained efforts, sustained investment, behavior change and community participation are critical to achieving the campaign's objectives and ensuring a clean and healthy environment for all citizens.





"To deny people their human rights is to challenge their very humanity."

- Nelson Mandela

Human rights awareness refers to the understanding, promotion and respect of the fundamental rights and freedoms to which all persons are entitled, as enshrined in international human rights law. We make people aware of their human rights principles, educate them about their rights and responsibilities and advocate for the protection and fulfillment of human rights for all.



In this financial year 2021-22, we informed 2,016 people about human rights: -

- Knowledge of human rights
- Human rights education
- Advocacy and activism
- Equality and non-discrimination
- Human rights in daily life
- · Human rights defenders.



"To deny people their human rights is to challenge their very humanity."

- Nelson Mandela

Promoting human rights awareness is crucial for the advancement of a just and equitable society. By fostering understanding, respect, and commitment to human rights principles, individuals and communities can contribute to creating a world where the rights and dignity of all individuals are upheld and protected.







"To deny people their human rights is to challenge their very humanity."

- Nelson Mandela



Under Human Rights Awareness, **We conducted online and offline consumer awareness programs**. Online and offline consumer awareness refers to the knowledge and consciousness that individuals have about their rights and responsibilities as consumers, both in the digital realm and in traditional brick-and-mortar settings. **In this financial year 2021-22**, we made 1,150 people aware about consumer awareness online and offline.

#### We discussed about offline consumer awareness: -

- Product Knowledge
- Consumer Rights
- Consumer Protection Laws
- Price Comparison and Bargaining
- Quality Standards and Certifications

#### We discussed about Online consumer awareness: -

- Online Shopping
- Online Reviews and Ratings
- Data Privacy and Security
- Online Dispute Resolution:
- Social Media Influence

Overall, both online and offline consumer awareness empower individuals to make informed decisions, protect their rights, and navigate the marketplace effectively. By being knowledgeable and proactive, consumers can advocate for fair practices, hold businesses accountable, and contribute to a marketplace that prioritizes consumer welfare.



### Disability Welfare Program

"A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles."

-Christopher Reeve

#### **Achievement**

Care India Welfare Trust provided inclusion and essential services to 70 disabled persons in this year 2021-22, as well as provided social assistance when needed.

Care India Welfare Trust provides financial assistance every month to the disabled persons.

Care India Welfare Trust also provides health services, special medical care, treatment, and assistive device services under the Disability Welfare Program.

Disability refers to a physical, cognitive, sensory or emotional impairment that results in limitations or difficulties in performing everyday activities. Disabilities can vary widely in nature and severity, and they can be temporary or permanent, congenital (present at birth) or acquired later in life.

Under the Disability Welfare Program, Care India Welfare Trust provided inclusion and essential services to 70 disabled persons in this year 2021-22, as well as provided social assistance when needed.

Care India Welfare Trust provides financial assistance every month to the disabled persons. They face financial difficulties due to increased expenses related to disability. These benefits often help cover the cost of living, medical expenses and other necessary support.

Care India Welfare Trust also provides health services, special medical care, treatment, and assistive device services under the Disability Welfare Program. These services aim to assist individuals in managing their disabilities, improving their quality of life and promoting independence.





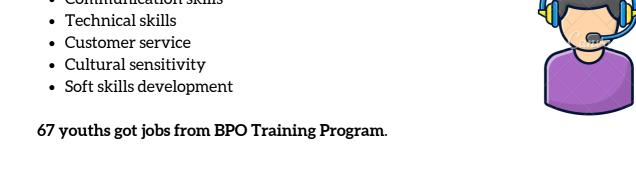
### **BPO Training Program**

"Let no one ever come to you without leaving better and happier."

- Mother Theresa

Care India Welfare Trust BPO (Business Process Outsourcing) training program aims to equip youth with the skills and knowledge required to work in the BPO industry by engaging them in BPO training. In the model of BPO training program, we conduct a two-month course. In this year 2021-22, We enrolled 1,084 youth. Under this course, we taught the youth the following: -

- Industry overview
- Communication skills





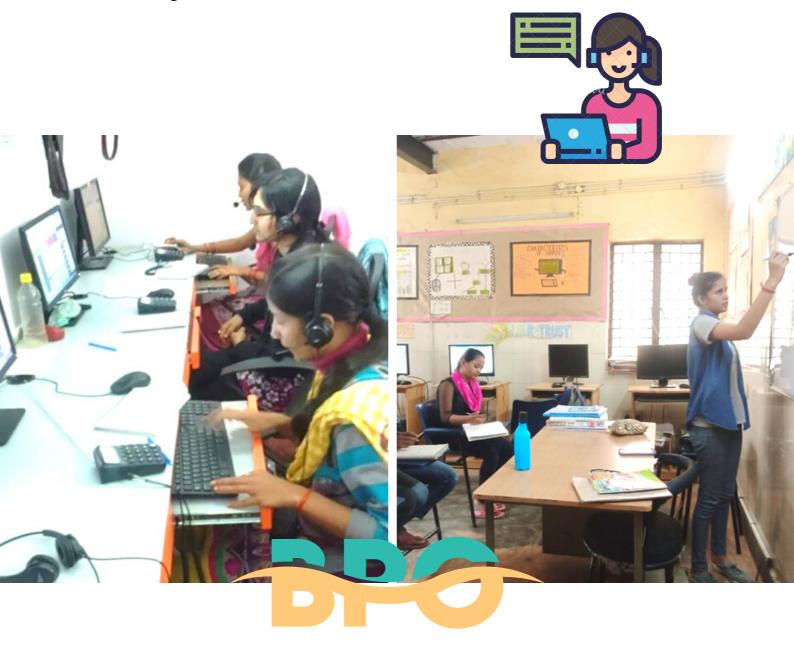


### **BPO Training Program**

"Let no one ever come to you without leaving better and happier."

- Mother Theresa

BPO training programs are conducted through a combination of methods such as classroom sessions, e-learning modules, on-the-job training.





"To deny people their human rights is to challenge their very humanity."

- Nelson Mandela

Promoting human rights awareness is crucial for the advancement of a just and equitable society. By fostering understanding, respect, and commitment to human rights principles, individuals and communities can contribute to creating a world where the rights and dignity of all individuals are upheld and protected.







# Glimpse of the Year 2021-22





# Glimpse of the Year 2021-22





## **OUR PARTNERS**



























# **OUR PARTNERS**





















# **OUR FINANCIALS**

#### INCOMEANDITS APPLICATION ACCOUNT FOR THEY EAREN DED AS ON 31STMARCH, 2022

Balance Sheet as at 31 March, 2022				
Particulars	Note No.	As at 31 March, 2022	Amount in R As at 31 March, 2021	
A. SOURCES OF FUNDS				
Capital Funds				
Corpus Funds		1,100	1,100	
Researce Fund		4.183,060	1.409.588	
Current Liability & Provissions		1,100,000	1.107.300	
Sundry Creditors for Expenses	1	83,000	87,300	
TOTAL	0	1,267,160	1,497,988	
B. APPLICATION OF FUNDS				
Fixed Assets				
Total Fixed Assets (Net of Depreciation)		65,662	74,509	
Balance with Bank		719,386	1.321.163	
Cash in Hand		375,398	39,816	
Loan & Advance		106,714	62,500	
TOTAL	)	1,267,160	1,497,988	
Notes forming part of Financial Statement				
As per our report of even date.	For and on b	ehalf of board of trust	res	
For G Kumar & Associates	Care India W	Care India Welfare Trust		
Chartered Accountants	ALC: NO	3		
FRN - 036386N	Note:	day	( Age 2	
Gauray Kumar, ACA	Mahinder Do	briyal	Arpana Tiwari	
Proprietor	Trustee		Trustee	
M. No. 545779				
Place: New Delhi				
Date: 30-Sep-2022	37	1		
UDIN: 22545749 BENH KW 6743				



## **OUR FINANCIALS**

#### INCOMEANDITS APPLICATION ACCOUNT FOR THEY EAREN DED AS ON 31STMARCH, 2022

#### CARE INDIA WELFARE TRUST INCOME AND APPLICATION OF FUNDS ACCOUNT FOR THE YEAR ENDED AS ON 31st MARCH, 2022

Particulars	Note No.	For the year ended 31st March, 2022	For the year ended 31st March, 2021
Income			
Voluntary Contributions		15,250,704	13,300,746
Interest Income		18,963	17,344
Gross Income Available for Application (A)	(1+11)	15,269,667	13,318,090
Application of Income			
Income applied for evacuation various social and welfare programme	2	14,010,522	11,059,663
Total (B)		14,010,522	11,059,663
Administration & Other Expenses (C)	3	1,476,826	2,006,298
Total Income Applied	(B+C)	15,487,348	13,065,961
Net Surplus before depreciation & tax	[A-B-C]	(217,681)	252,129
Less - Depreciation		8,847	10,204
Net Surplus before tax		(226,528)	241,925
Less - Provision for Income Tax			
Net Surplus after depreciation & tax		(226,528)	241,925

Notes forming part of Financial Statement

As per our report of even date.

For G Kumar & Associates

Chartered Accountants

FRN - 036386N

GMrav Kumar, AC

Proprietor M. No. 545779

Place: New Delhi Date: 30-Sep-2022

UDIN: 22545-A9BENHKW6743

For and on behalf of board of trustees

Care India Welfare Trys

NAO .

Mahinder Dobriyak

Trustee

Trustees







# Contact Us

- 18003134006
- info@careindiawelfaretrust.org
- Basti Vikas Kendra, Chuna Bhatti, Kirti Nagar, New Delhi -110015



# Thank You







